STUDENT LIFE AND SERVICES

Counseling Services

Like everyone, students face difficult life transitions and circumstances, experience painful emotions, and need assistance in developing clear and meaningful goals. Counseling is a collaborative process that involves the development of a unique, confidential helping relationship. Counselors act as facilitators to help students better understand themselves and the world around them. Open and honest discussions of feelings, behaviors, relationships, life experiences, and circumstances with a trained counselor in a non-judgmental, safe, confidential environment enables individuals to grow towards greater freedom in making healthy choices and taking appropriate actions for more satisfying relationships, self-concept, academic progress, and life goals.

Counseling Services is staffed by licensed professional clinical counselors and counseling interns trained to help students cope with a wide variety of educational, adjustment, and mental health issues. Counseling Services is free to all enrolled students. This office offers a confidential place to discuss concerns when difficult situations arise, when problems seem overwhelming or options appear limited. Counseling Services staff work with the student to help identify strengths, locate support resources, and to begin a process of change and growth. Counseling Services staff will respect your values, choices, and life-style and will see you as an individual with your own unique strengths and limitations.

Depending on the nature of the concern, counseling may be one session, short term (2-5 sessions) or long term (all semester). If necessary, appropriate referrals to outside health care professions are made. Counseling Services is open during the Fall and Spring Semesters and follows the Walsh Academic Calendar. All counseling is discontinued at the end of each semester and students can return in the future if they choose.

Recreation & Wellness

Walsh University Recreation and Wellness is dedicated to our students, faculty and staff by promoting a holistic and value-based approach to a healthy life-style. University Wellness provides campus and community-wide health educational opportunities as well as diverse mind, body, and spirit programming that enhances a whole person's well-being.

Intramurals offers competitive league play in sports such as flag football, dodgeball, softball, outdoor soccer, 5-on-5 basketball, 3-on-3-basketball, volleyball, kickball and bowling. Each year, participants compete in teams to win the annual Dean's Cup award for participation throughout the year. Intramurals also sponsors various weekend tournaments, including golf, billiards, table tennis, and corn-hole.

The Office for Culture and Belonging

The University believes that diversity should not be merely tolerated, but embraced and celebrated. With this belief as its guiding principle, the Office for Culture and Belonging seeks to foster awareness, understanding and sensitivity to the perspectives of groups who have currently and historically been subject to unfair treatment and perceptions due to race, gender, class, sexual preference and others. The office offers support services to under-represented groups to increase their chances of a successful academic experience, presents an opportunity for cultural exploration through programming, and acts as a liaison to various departments on campus for the multicultural student. In addition, the office actively educates and promotes multicultural learning and development for the entire Walsh community. The Office for Culture and Belonging is located in the Paul and Carol David Family Campus Center, we encourage all students, faculty and staff to participate in our activities and services.

On-Campus Living/Residence Life

Walsh University now offers on-campus housing options for students pursing Graduate studies. Living on campus makes life much easier in a safe and comfortable environment. Our on-campus apartments are fully outfitted and provide easy access to our academic facilities and campus services.

Our University Apartments (Brauchler, Meier, and Stein Halls) provide quad-style living with single-bed rooms (two shared bathrooms), fully outfitted kitchens, and a private laundry room. The apartments are fully furnished and all extra charges for utilities (electric, heat, water, cable, and internet) are included as part of your housing contract. Other on-campus housing accommodations may be available upon request.

Policies and procedures are designed to give students freedom for growth and self-discipline; at the same time, the policies help to ensure the environment needed for study and respect for other members of the community.

Students enrolled for 9 credit hours in a Walsh University Graduate Program are eligible for on-campus housing. A $200 housing deposit is required along with submission of a housing application. At this time, Walsh does not offer housing options for graduate students who are married and/or with families. For more information, please contact the Director of Residence Life.

International Student Services

The International Student Services office provides a welcoming and supportive home for our international students and offers a variety of services and programs to assist students with cultural, academic, and social needs. International Student Services seeks to support the mission of Walsh University in the areas of expanding the international perspective of students, promoting diversity, and facilitating cultural growth and awareness. The office is dedicated to serving the campus community and developing programs to enhance awareness of multiple perspectives. The office aims to provide effective immigration advising and foster a sense of community among international students, while expanding opportunities for international students and Americans to interact both on and off campus. The International Student Services Office is located in the Paul and Carol David Family Campus Center.

Campus Ministry

The crux of Catholic Campus Ministry, rooted in the sacraments of the Church, is to help students recognize and respond to God's transformative grace in their lives. The office of Campus Ministry is dedicated to modeling Christ's self-giving love in a very practical way and challenging others to do the same. Offering a variety of opportunities for prayer, reception of the sacraments, retreats, service programs and fellowship, Campus Ministry is a safe place where students can grow holistically, mind, body and spirit and discern how God is calling them in a given vocation and profession. Campus Ministry at Walsh University commits to the 6 aspects of Catholic Campus Ministry outlined by the United States Conference of Catholic Bishops:

a. Forming the Faith Community
b. Appropriating the Faith

c. Forming the Christian Conscience
d. Educating for Justice
e. Facilitating Personal Development
f. Developing Leaders for the Future

The department of Campus Ministry embraces diversity of faith and religion and is here to serve students of all faith backgrounds, connecting them to appropriate faith communities.

Campus Ministry also houses the office of student service and outreach, which provides a plethora of service opportunities and experiences for students who wish to dedicate their time and talents to better the community, locally and globally. Campus Ministry, committed to justice, educates and challenges students to be a voice for the voiceless in the world, especially the most vulnerable.

The offices of Campus Ministry are located in the Campus Ministry Center in the lower level of the Paul and Carol David Family Campus Center and in Residence Hall Towers Connector.

Bookstore

The bookstore/gift shop, located in the David Campus Center, sells new and used textbooks, school supplies, books, novelties, gift items, sundries, toiletries, clothing, accessories, and other items. The bookstore offers textbook rentals and digital books. Visit www.walsh.bncollege.com (https://walsh.bncollege.com/) for details.

Athletics

Walsh is a member of the NCAA Division II and competes as members of the Great Midwest Athletic Conference(G-MAC). Walsh sponsors 10 intercollegiate sports for men (Baseball, Basketball, Cross Country, Football, Golf, Indoor Track and Field, Lacrosse, Outdoor Track and Field, Soccer and Tennis) and 11 for women (Basketball, Bowling, Cross Country, Golf, Indoor Track and Field, Lacrosse, Outdoor Track and Field, Soccer, Softball, Tennis and Volleyball). The athletic department also sponsors Men's Bowling as a club sport.

AultmanNow

Health Services is located in Washington Square at AultmanNow (https://www.walsh.edu/health-services.html). Healthcare professionals assist students in addressing their health care concerns while they are enrolled at the university. Some health services requested may require additional fees.

Fitness Centers

Walsh University offers four separate fitness centers. A current Walsh ID, full t-shirt, and clean tennis shoes are required for all fitness center participants.

The Cavalier Fitness Center, located in the Gaetano M. Cecchini Family Health and Wellness Complex, is fully staffed and equipped with free weights and power stations. This fitness center caters to all students, athletic teams, faculty/staff and community clinic participants.

The David Center Fitness Center, located in the Paul & Carol David Campus Center, caters to all students, faculty and staff. Locker and shower rooms are located across the hall within close proximity of the center.

Dining Services

The Schervish Dining Centre in the David Campus Center, the Cavalier Cafe in the Marlene and Joe Toot Global Learning Center, and the Betzler Grille in the Barrette Business and Community Center are open at designated hours.

Student Activities

The Office of Student Activities (OSA) serves the needs of Walsh University students and provides resources and services for Walsh's many student organizations. If you are interested in learning about the extra-curricular and co-curricular opportunities at Walsh University, email the Office of Student Activities at osa@walsh.edu.