

M.A. IN C.H.D. - CLINICAL MENTAL HEALTH COUNSELING

In accordance with the CACREP accreditation standards for Clinical Mental Health Counseling, the Counseling and Human Development program with Clinical Mental Health concentration consists of 20 courses totaling 60 semester hours. Coursework is divided into three areas:

- FOUNDATIONS (3 courses) that must be taken early in the program and are prerequisites to higher level courses;
- AREA OF CONCENTRATION (15 courses) that are sequenced to build a strong mental health skill base;
- ELECTIVES (2 courses) that allow students to pursue further course work in an area of interest (for the clinical mental health emphasis all electives must be in "clinical" areas).

Prerequisites are specified within the course descriptions listed in this catalog. "Practice oriented" courses (related to field experience) included in the curriculum are: CHD 790 Practicum, CHD 796I Internship in Clinical Mental Health Counseling I and CHD 796II Internship in Clinical Mental Health Counseling II. The Practicum course is designed to provide students with counseling experience under the supervision of the Practicum instructor and the individual clinical mental health site supervisor. This experience is necessary to enhance counseling competencies in practitioners. Practicum requires 100 hours of work, of which 40 hours must involve direct client service (Note: Students pursuing both Clinical Mental Health and School Counseling concentrations are required to obtain 120 hours of work, of which 40 hours must involve direct client/student service). Students must obtain Professional Liability Protection prior to starting the Practicum course.

Clinical mental health internship is served in an "out placement" setting. Examples of settings include the University Counseling Services, community clinical mental health agencies, hospitals, family services, substance abuse agencies, crisis centers, private practices, and others. Requirements for Clinical Mental Health Counseling students include a total of 600 hours of internship with at least 240 hours of direct client service. The 240 hours of direct client service contact must include a range of activities such as individual, couple, family and group counseling as well as diagnostic assessment, diagnosis of mental and emotional disorders, and treatment planning. The hours must be distributed among a broad range of clinical activities.

Code	Title	Hours
Foundations		
BSC 560	DV:Intro Counsel/Counsel Prof	3
CHD 602	Research Methods/Prog Eval	3
CHD 603	Assessment in Counseling ¹	3
Area of Concentration		
CHD 610	Prin/Tech/Theories of Coun/Dev	3
CHD 612	Lifepsan Development	3
CHD 624	Career Counseling ²	3
CHD 626	Group Process	3
CHD 635	Addictions	3
CHD 730	Soc/Cult Diversity in Coun	3
CHD 740	Ethics/Issues in Counseling	3
CHD 665	CMHC:Foundations for Practice	3
CHD 772	Advanced Abnormal Behavior	3

CHD 775	Diag Mental/Emot Disorders	3
CHD 777	Treat Mental/Emot Disorders	3
CHD 780	Personality Assessment ²	3

Field Experience		
CHD 790	Practicum: Counseling Tech	3
CHD 796I	Internship in MH Counsel I	3
CHD 796II	Internship in MH Counsel II	3

Electives		
Select two of the following (not all courses will be offered every semester):		6

CHD 633	Marriage/Family Counseling	
CHD 642	Theo & Prac of Add Counseling	
CHD 643	Assess/Treat Plan Addict Couns	
CHD 644	Evid Based Pract Addict Counsl	
CHD 710-1	Counseling Adolescents	
CHD 710-2	Counseling Children	
CHD 710-4	Spirituality in Counseling	
CHD 710-6	Cross Cult Coun Interve-Uganda	
CHD 710-7	Counseling in Military Culture	
CHD 710-8	Conflict Resolution	
CHD 710-9	Counseling Families	
CHD 71010	Group Counsel in Clin Practice	
CHD 71012	Cons Old Adults & Families	
CHD 71013	Narrative Counseling Methods	
CHD 71014	Art Ther & Neuro Basd Trauma T	
CHD 749	Crisis Intervention	
CHD 751	Grief and Loss Counseling	
CHD 752	Trauma Assessment/Treatment	
CHD 753	Relational Cultural Therapy	
CHD 754	Psychopharmacology	
CHD 755	Supervision and Consultation	
CHD 756	Art Therapy ³	
CHD 757	Couples Therapy	
CHD 762	Eating Disorders	
CHD 763	Wellness	
CHD 764	Motivational Counseling	
CHD 767	Art Therapy II ^{3,4}	
CHD 768	Cognitive Behavior Intervent	
CHD 662	Individ Study: Counsel/Dev	

Total Hours 60

¹ For additional fee

² Additional course fees for testing materials may be required.

³ Additional fees for art supplies required

⁴ Prerequisite course is CHD 756