

# PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER TRACK

The Byers School of Nursing Psychiatric Mental Health Nurse Practitioner (PMHNP) Track allows students to expand their scope of practice by developing expertise in psychiatric and mental health care of individuals across the lifespan. The program includes didactic and clinical experiences which focus on providing care in acute, crisis, and chronic conditions including substance abuse disorders. Upon completion of the program students are eligible to sit for the national Psychiatric Mental Health Nurse Practitioner Certification Exam.

- Primary care delivery systems: promoting prevention activities.
- Crisis Care: interventions in crisis situations and promoting a respectful environment.
- Substance Use Disorders: education in a multidisciplinary environment that will enhance the NP's ability in mental health practice with a holistic, team approach.
- Pharmaceutical management of clients with psychiatric or mental health disorders.

## **Psychiatric Mental Health Nurse Practitioner Program Outcomes:**

- Assess, diagnose and manage psychiatric care of individuals, families and populations across the lifespan at risk for developing or having a diagnosis of psychiatric disorders or mental health problems.
- Provide primary mental health care to patients seeking mental health services in a variety of settings.
- Interact with a variety of clients across the lifespan to provide relationship-based, continuous services for optimal mental health, including prevention and treatment of psychiatric disorders and health maintenance.
- Collaborate with interprofessional colleagues to provide optimal clinical outcomes for clients across the lifespan with mental health problems and psychiatric disorders.
- Develop in the role as advocate regarding policy issues at the local, state, and national levels to reduce health disparities and improve clinical outcomes for populations with mental health problems and psychiatric disorders.

## **Psychiatric Mental Health Nurse Practitioner Track Guidelines**

### **Admission Policy**

Participants enrolled in the Psychiatric Mental Health Nurse Practitioner program must comply with the Byers School of Nursing, Graduate admissions requirements.

### **Program Delivery**

The Psychiatric Mental Health Nurse Practitioner program is offered using a distance learning methodology\* and requires students to be on campus for one intensive.

### **Academic Advising**

Upon admission to the Psychiatric Mental Health Nurse Practitioner program, the student is assigned to a graduate faculty member who will work with the student to develop a curriculum plan. Students are encouraged to meet with their advisors prior to registration each semester to confirm their program plan.

## **Registration Procedures**

New students are given instructions on how to register with their acceptance letter. Before or during the first half of the first semester, students are encouraged to meet with their faculty advisors to map out a curriculum plan. For the remainder of the program students are responsible for registering for their own classes. The process is as follows:

- Graduate students may register online by accessing the Cavalier Center. Before registering for courses, students should consult with their academic advisor to ensure timely progress towards degree completion.

*\*Online refers to the definition from the Higher Learning Commission: Distance-delivered courses are those in which all or the vast majority (typically 75% or more) of the instruction and interaction occurs via electronic communication, correspondence, or equivalent mechanisms, with the faculty and students physically separated from each other.*

## Psychiatric Mental Health Nurse Practitioner Track

Code	Title	Hours
<b>Foundation Courses (9 Credit Hours)</b>		
NURS 603	Advance Professional Nurs Role	3
NURS 607	Adv. Theory/Research Evid Bas	3
NURS 706	Hlth Care Policy, Organ/Financ	3
<b>Practice Application Courses (24 Credit Hours)</b>		
NURS 610	Advanced Pathophysiology	3
NURS 612	Advanced Pharmacology	3
NURS 614	Adv Health Assessment	3
NURS 637	Psyc Assess/Int Across Lifespa	3
NURS 639	Adv.Psychopath/Psychopharm	3
NURS 660	Therapeutic Interventions	3
NURS 671	Intensive I	0
NURS 672	Intensive II	0
NURS 705	App of Epidemiol to Hlth Serv	3
NURS 718	Hlthcr Tech & Data Mgmt	3
<b>Expert Knowledge Courses (15 Credit Hours)</b>		
NURS 675A	Seminar: Care of PMH Patient	3
NURS 675B	Practicum	2
NURS 677A	Sem:Care PMH Patient in Crisis	3
NURS 677B	Practicum	2
NURS 679A	PMH Capstone	3
NURS 679B	Practicum	2
<b>Total Clinical Hours: 600</b>		
<b>Total Hours</b>		<b>48</b>